Introduction to EFT
Emotional Freedom Technique

Stress Relief at Your Fingertips!

In this fast-paced world, stress is a major issue for many people and is the cause of many different illnesses. During this introduction, you will learn about an easy-to-use, simple, powerful and effect technique to help manage stress and alleviate daily discomforts.

Emotional Freedom Techniques (EFT) or Tapping is the fastest growing self-help and therapeutic tool in the world. Come learn about this technique, the various applications and experience a live demonstration with your host and local EFT expert Tom Porpiglia, LMHC.

Wednesday April 11
7:30 to 9:30 PM

The Wellness Center
29 Pleasant Street
Fairport, NY 14450

Registration (no CEUs): $25
Registration + 2 CEUs for LMHCs: $30

Reserve your seat now, space is limited.

LifeScript
Mental Health Counseling Services PLLC

Tom Porpiglia LMHC
202 Dickinson Rd
Webster, NY 14580
585-704-0376
Info@lifescriptcounseling.com

Registration Form

Mail with a check or credit card information to:

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Webster, NY 14580
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Name _____

Street _____

City _____ State _____ Zip _____

Phone _____

Email _____

Credit Cd# _____ Exp. _____

Credit Cd Type _____ Code _____

Amt. (Circle) $25 (Non CEU) $30 (LMHC CEU)

Signature _____